**WEST SUSSEX FUN RUN LEAGUE** 

Lewes AC Easter Monday Fun Runs

Monday 1st April 2024

Races will start at the athletics track at Lewes Leisure Centre, Mountfield Road, Lewes BN7 2XG.

**COURSE**: **10k race (for those aged 15 or over) Chip timed start 10.45**

Starts on the running track, leaves the track area and finishes back at the running track. The course is multi-terrain and mainly traffic free using tracks and footpaths to the south of Lewes. It is well signed and marshalled.

**Junior race**: **Approximately 1 mile Chip timed start 10.15am**

Starts on the running track and takes a half mile detour out through the Priory School grounds and Ham Lane. Finishes back on the track.

**Toddlers Trot 400m start time 10am**

One lap of the track

**LINKS FOR ENTRY**

**10k race**

**Main link for sign up -** [**https://register.enthuse.com/ps/event/TheLewesACEasterMonday10k2024**](https://register.enthuse.com/ps/event/TheLewesACEasterMonday10k2024)

**10k link for WSFRL members only** [**http://register.enthuse.com/ps/event/TheLewesACEasterMonday10k2024/EntryForm?id=114113&mode=null**](http://register.enthuse.com/ps/event/TheLewesACEasterMonday10k2024/EntryForm?id=114113&mode=null)

**1 mile Junior race for WSFRL members only** [**https://register.enthuse.com/ps/event/TheLewesACEasterMonday10k2024**](https://register.enthuse.com/ps/event/TheLewesACEasterMonday10k2024)

**COST 10k race**

£7 WSFRL

£10 UKA Affiliated

£12 Standard Entry

£15 On the day entries (all categories)

**1 mile Junior race**

£1 WSFRL advance entries only – no on the day entries

**400m Toddlers Trot**

Free – registration not necessary

**SUSTAINABILITY** In an effort to make this event sustainable, please bring a reusable water bottle or cup.

**CAR PARKING**: Parking is free but limited so please car share if possible. We will have use of two car parks owned by the local college on or just off Mountfield Road; these will close at 1pm. **Please do not park in the Leisure centre car park.**

**RACE HQ**: In the main sports hall, access is via the track only.

 **NO ACCESS THROUGH THE LEISURE CENTRE**

 Please walk around the side of the leisure centre and go through the side gate.

**FACILITIES**: Toilets – portaloos by the track.

 Changing in the main Sports hall. **All kit left at your own risk**.

 Refreshments will be available

**ENQUIRIES**: All enquiries to be emailed to easter@lewesac.co.uk

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| **NOTE: In line with WSFRL requirements, no headphones are permitted. You will be disqualified if you are found to be using them.** |